



Class of 2022



LHS Forecasting

Who is Ms. Anderson?

Your fearless School Counselor from now until graduation!

When should you meet with me?

- Planning for your career and/or college after high school
- Need help passing classes and making up work
- Life outside of school is hard
- You're having problems with your friends
- Struggling with anxiety, depression, stress, etc.
- *You want to change your schedule*



Thing to know about LHS

Seven periods everyday (7:40-2:50)

Early release Wednesday (7:40-12:20)

Every class counts - credits

Community Service - 10 hours per year at LHS



What is Forecasting?

You select classes you're interested in so we know which classes students need and want to take

This classes you select is how the computer builds your schedule for your freshman year

Part of your future career/college plan

Forecasting is for YOU - do not pick classes based on your friends

What are credits?

.50 credit for every class that you pass

24.0 credits to graduate

If you fail a class, you get to take it again.

Language Arts	4.0
Math	3.0
Science	3.0
Government	.50
US History	1.0
Economics	.50
World History	.50
Geography	.50
Health	1.0
PE	1.0
CTE/FA/FL	3.0
Electives	6.0

Required Freshman Classes

Language Arts 9 - Regular or Advanced

Math - Geometry, Algebra 1, Algebra Foundations

Science - Physical Science or Accelerated Biology

Geography or AP Human Geography

Freshman PE or Freshman Weights

Career Technical Education (CTE), Fine Arts (FA), Foreign Language (FL)

Electives

Electives - classes with an * have a prerequisite

AVID*

English Language Development*

Spanish 1

Spanish for Heritage Speakers

French 1

Accounting

Marketing

Intro to Journalism

Yearbook*

Intro to Computer Science

Game Programming*

3D Design and Animation*

Intro to Health Occupations

Total Fitness*

Athletic Weight Training*

Culinary 1

Cultural Foods*

Leadership*

General Construction

General Welding

Intro to Small Engines*

General Drafting

Architecture 1

Intro to Agriculture

JROTC 1

Explore Art

Warrior 101

Intro to Musical Theatre

Mixed Choir

Piano

Guitar*

Concert Band*

Percussion Ensemble*

Jazz Band*

Special Classes

These classes REQUIRE an application or audition:

AVID

Yearbook

Leadership

Band and/or Choir



Curriculum Guide

Want to know more about a class? Go to the LHS Curriculum Guide...

Go to the LHS website: <http://high-school.lebanon.k12.or.us/>

> Resources > Guidance/Counseling > Curriculum Guide (on the left)

<http://high-school.lebanon.k12.or.us/resources/guidance-counseling/curriculum-guide/>

Important Information for Sports

*Football, soccer, volleyball, basketball, wrestling, swimming, track and field, etc.
AND band and choir.*

All OSAA sports or activities require you to be
PASSING 2.50 credits each semester.

With a full schedule of 7 classes you must be
passing at least 5 classes. Coaches will require
weekly grade checks.



Planning to go to University?

LHS graduation requirements and university admissions requirements are DIFFERENT.

For a 4-year university you need to...

Have a 3.0 GPA - B average

Pass all your classes with C's or higher

Pass two years of the same foreign language

Pass math through Algebra 2 (at least)



Forecasting (Open until 3/23)

<https://lebanon.registar.lblesd.k12.or.us/en-us/courserequest.aspx>

From the LHS Website: Resources > Guidance/Counseling > Curriculum Guide > Online Forecasting (center of the page)

Login: Student ID # (Pinnacle)

Password: Date of Birth (DD/MM/YYYY)

Use your paper forecasting sheet to identify the classes YOU want and need to take next year

Do NOT pick classes based on your friends