

Athletics

All students participating in sports are required by State Law and the OSAA to obtain a physical every two years - filled out on the OSAA Physical Form. The OSAA physical form is available on the Lebanon High School website, under Athletics or at the Athletics Office at LHS or at the OSAA website www.osaa.org (scroll to bottom under handbook/forms). **Pop Warner Physicals can NOT be accepted.** Students and parents also need to fill out the Warrior Athletic Registration Form, Emergency Contact Sheet, Medical History Questionnaire, EMR form/Health History (which is done online) and Athletic Drug Testing Form.. These five forms (and physical) have to be filled out and turned in to the Athletics Office in order to obtain a Blue Clearance Card, which allows the athlete to participate in a specific sport. All of these forms are also available from the LHS website under athletics or at the LHS Athletics Office.

•**Please see back of this sheet for information on a Sports Physical Clinic being offered August 9, 2018.**

There is a \$100 participation fee per sport per athlete. If a student qualifies for FREE lunch (not reduced), the fee is reduced to \$50. **The free lunch letter needs to be shown at time of payment.** A copy of this letter can be obtained through the Nutrition Services Office. **The participation fee is due at the time of sign-ups.**

SPORTS	LEVEL	SEASON	COACH	Sign Ups Start/1 st Day of Practice
Football	9-12	Fall	Ty Tomlin	August 9/August 13
Volleyball	9-12	Fall	Jordan Swanson	August 9/August 13
Soccer	Boys, 9-12	Fall	Logan Sanchez	August 9/August 13
Soccer	Girls, 9-12	Fall	Francisco Martinez Cruz	August 9/August 13
Cross Country	9-12	Fall	Brad Bauer	August 9/August 13
Dance	9-12	Fall	Megan Sharp	August 9/August 12**
Cheer	9-12	Fall & Winter	Jennifer Pickles	8-9/8-13; 10-31/11-12**
Basketball	Boys, 9-12	Winter	Justin Amaya	Oct 31/Nov 12
Basketball	Girls, 9-12	Winter	Mardy Benedict	Oct 31/Nov 12
Swimming	9-12	Winter	Gus Arzner	Oct 31/Nov 12
Wrestling	9-12	Winter	Michael Cox	Oct 31/Nov 12
Track	9-12	Spring	Josh Dykes	Feb 11/February 25
Baseball	9-12	Spring	Jeff Stolsig	Feb 4/February 25
Softball	9-12	Spring	Mardy Benedict	Feb 4/February 25
Tennis	Boys, 9-12	Spring	Kevin Burt	Feb 11/February 25
Tennis	Girls, 9-12	Spring	Justin Amaya	Feb 11/February 25
Golf	Boys, 9-12	Spring	Kris Cook	Feb 11/February 25
Golf	Girls, 9-12	Spring	Ryan King	Feb 11/February 25

**Cheer and Dance start practices before their season actually starts – physicals and registration forms are due after tryouts. (Tryouts are in the Spring BEFORE their season.)

FYI: Students who participate in a fall and/or winter sport, have to be cleared from that sport before they can go out for a winter and/or spring sport. (Coaches will return their blue cards to the Athletics Office when they are cleared.)

Students K-8 are not admitted to LHS games unless accompanied by a parent or an adult.

LHS students who purchase the activities sticker for \$40 will be admitted free to all home athletic events*, after game dances, and school plays. ***Does not include scrimmages, powder puff, tournaments, endowment games, play-in games and play-off games.**

Families may purchase a family pass which will admit immediate family members (up to 4 per pass – one of the 4 may be a high school student with a student body card). You must show your pass to enter any event. Fall Pass – good for home volleyball and football games (not reserved seating) - \$50; Winter Pass – good for basketball and wrestling home games/matches - \$50; Combo Pass – good for football, volleyball, basketball and wrestling home games/matches \$90. **These passes exclude reserved seating, scrimmages, powder puff, tournaments, endowment games, play-in and play-off games. (If you have a family pass and want to purchase a reserved seat, the cost is \$5 a seat per game – up to 4 seats per game – the regular cost is \$8 a seat per game).**

Lebanon Community Schools is an Equal Opportunity Provider.

Fundraising For Lebanon Youth
P.O. Box 2621
Lebanon, Oregon 97355
Telephone: 541-979-5170
EIN: 27-0588942



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Fundraising For Lebanon Youth (FFLY) is a 501(c)3 non-profit organization that was formed in 2009 to help supplement sports, education, and the well-being of Lebanon's youth.

FFLY will offer sports physicals at Lebanon High School on Thursday, August 9, from 4:00 p.m. until 7:00 p.m. in the office areas. (Entry will be through the doors off the north staff parking lot.)

Sports physicals will be on a first come, first served basis and will cost \$30.00 per student. (This is the only time the \$30.00 sports physicals will be offered by FFLY for the 2018-2019 school year.)

If you have any questions, please call 541-979-5170.



SPORTS PHYSICALS

August 9, 2018

4:00 PM - 7:00 PM

Lebanon High School

\$30.00 Per Student

