

Athletics

All students participating in sports are required by State Law and the OSAA to obtain a physical every two years - filled out on the OSAA Physical Form. The OSAA physical form is available on the Lebanon High School website, under Athletics or at the Athletics Office at LHS or at the OSAA website www.osaa.org (scroll to bottom under handbook/forms). **Pop Warner Physicals can NOT be accepted. Students and parents need to go online registration at www.LebanonWarriorAthletics.com and in the upper right hand corner click on "Register My Athlete". Instructions to help guide you through this are on the back of this sheet.**

There is a \$100 participation fee per sport per athlete. If a student qualifies for FREE lunch (not reduced), the fee is reduced to \$50. **Your free lunch letter needs to be shown at time of payment.** A copy of this letter can be obtained through the Nutrition Services Office. **The participation fee is due when you pick up your blue card.**

SPORTS	LEVEL	SEASON	COACH	Online Sign Ups Start/1 st Day of Practice
Football	9-12	Fall	Troy Walker	July 1/August 16
Volleyball	9-12	Fall	Jordan Swanson	July 1/August 16
Soccer	Boys, 9-12	Fall	Jacob Butler	July 1/August 16
Soccer	Girls, 9-12	Fall	Mike Guilliot	July 1/August 16
Cross Country	9-12	Fall	Cameron Eberhart	July 1/August 16
Dance	9-12	Winter	Megan Lofton	July 1/August 16**
Cheer	9-12	Fall & Winter	Jennifer Pickles	July 1/August 16**
Basketball	Boys, 9-12	Winter	Casey VandenBos	July 1/Nov 15
Basketball	Girls, 9-12	Winter	Mardy Benedict	July 1/Nov 15
Swimming	9-12	Winter	Lorlee Engler	July 1/Nov 15
Wrestling	9-12	Winter	Michael Cox	July 1/Nov 15
Track	9-12	Spring	Cameron Eberhart	July 1/February 28
Baseball	9-12	Spring	Jeff Stolsig	July 1/February 28
Softball	9-12	Spring	Mardy Benedict	July 1/February 28
Tennis	Boys, 9-12	Spring	Kevin Burt	July 1/February 28
Tennis	Girls, 9-12	Spring	TBA	July 1/February 28
Golf	Boys, 9-12	Spring	Doug Phillips	July 1/February 28
Golf	Girls, 9-12	Spring	Kris Cook	July 1/February 28

**Cheer and Dance start practices before their season actually starts – physicals and registration forms are due after tryouts. (Tryouts are in the Spring BEFORE their season. If you missed dance or cheer tryouts, contact the coach for a later tryout date.)

FYI: Students who participate in a fall and/or winter sport, have to be cleared from that sport before they can go out for a winter and/or spring sport. (Coaches will return their blue cards to the Athletics Office when they are cleared.)

Students K-8 are not admitted to LHS games unless accompanied by a parent or an adult.

LHS students who purchase the activities sticker for \$40 will be admitted free to all home athletic events*, after game dances, and school plays. ***Does not include scrimmages, powder puff, tournaments, endowment games, play-in games and play-off games.**

Families may purchase a family pass which will admit immediate family members (up to 4 per pass – one of the 4 may be a high school student with a student body card). You must show your pass to enter any event. Fall Pass – good for home volleyball and football games (not reserved seating) - \$50; Winter Pass – good for basketball and wrestling home games/matches - \$50; Combo Pass – good for football, volleyball, basketball and wrestling home games/matches \$90. **These passes exclude reserved seating, scrimmages, powder puff, tournaments, endowment games, and play-off games. (If you have a family pass and want to purchase a reserved seat, the cost is \$5 a seat per game – up to 4 seats per game – the regular cost is \$8 a seat per game).**